



PROGRAMME 18: POOL SAFETY

AIMS

The aim of this topic is for children to develop their knowledge of water safety rules in order to enjoy and respect swimming pools and beaches.

LEARNING OBJECTIVES

Children will:

- Know why we should walk and not run around pool areas
 - Know how comfortable they are in water - if in doubt stay out!
 - Learn to stay close to an adult
 - Understand that dive bombing and jumping can cause injuries
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SKILLS

- Communication
 - Sociability and co-operation
 - Problem solving
 - Work and Study
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VIRTUES

- Confidence
 - Moderation
 - Patience
 - Purposefulness
 - Responsibility
 - Self-Discipline
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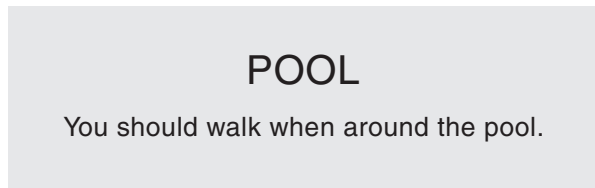
Lesson

View the DVD **Water Safety** before the lesson. This programme relates to Beach/Boat Safety.

1. Brainstorm with the children ideas about how to keep safe around pools and beach areas, then produce a poster on a larger piece of paper.
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2. Bus stop

Have children work in small groups of 4-6. Each group will have a large piece of paper with one of the words Pool, Beach, Boats or Rivers written in the middle. Children have to brainstorm a safety issue regarding one of the 'water' areas mentioned. Example:



Have them think about clothing, equipment, areas to look out for.

A reporter from each group should share each group's main ideas with the class.

3. Talk to the children about the programme's safety tips regarding 'dive bombing', walking around pool areas, not going in too deep, keeping within eyesight of adults. Draw a large poster with a large pool in the middle. Have children draw themselves doing the 'right' thing around water and pools. They can write their names and the safe actions they are taking.
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4. Give children the copysheet below on how to keep safe around pool areas.
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5. Recap main points from the DVD programme.
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Pool Safety

Language/Topic (Seniors)

Name: Date:

Insert the correct answer for 'Beach Safety'

too young, dive bomb, yourself, guards, school, slip, Always, courses, run.

1. When you are playing around a pool always make sure never to because you might and hurt yourself.
2. When you are getting into a pool never because you might dive on someone else and hurt them or
3. wear sunscreen when you are outside near a pool or beach area.
4. You are never to learn how to swim. You can find out how to learn to swim at or a public pool facility may provide specific
5. Life are there to ensure you are safe in the pool or beach area.

Pool Safety (*Juniors*)

Unscramble these words:

vide bbom
nur oplo
aechb lkwa

Draw a small picture of you playing in a pool.

Supplementary Activities

Topic

Walk around the school or local pool and examine the potential dangers that children may face. Emphasise the correct actions they should take.

Visual Language

Make posters on Beach/Pool safety and main points children should consider, e.g. NEVER RUN AROUND POOLS. Include visuals to complement.

Health

Consider the benefits of using sunscreen and safety equipment when at the beach or in pools, e.g. floating devices etc.

Oral Language

Discuss, describe, recap the main points from the programme individually or in small groups.

Technology

Design a pool or beach area from a bird's-eye view, which provides a shade area, picnic area, canteen area, changing rooms, life guard area and pool with deep and shallow ends. Label each part and write a brief description of each area. Explain which features are deemed to be child safe.

