



PROGRAMME 2: **BUCKLE UP**

AIMS

The aim of this topic is for children to develop an awareness of the necessity for using seatbelts or safety belts when travelling in a variety of vehicles.

LEARNING OBJECTIVES

Children will be able to:

- Explain the use of safety belts in various vehicles
 - Explain the possible results when not using a seatbelt
 - Explain the advantages of wearing a seatbelt
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SKILLS

- Communication
 - Sociability and co-operation
 - Problem solving
 - Work and study
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VIRTUES

- Consideration
 - Preparedness
 - Caring
 - Obedience
 - Purposefulness
 - Reliability
 - Self-discipline
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LESSONS (*Adapt for Juniors*)

View the DVD **Buckle Up** before the lesson.

1. Start with a trust game. Have 5 children in a group. One child is to stand in the middle of the circle. He/she has to keep their legs straight and cannot move them off the ground. He/she is to lean towards wherever his/her weight takes them. The four remaining children stand shoulder width apart and catch the middle person and gently move them back into the middle of the circle. This game develops children's trust of each other in ensuring that they don't fall.

Have a class discussion on what preventative measures each group took to ensure the safety of the middle person. Equate with being a passenger in a moving car and the preventative measures that ensure a safe ride.

- seatbelts
 - airbags
 - child restraint chair
 - booster seats
 - three point seatbelts etc
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2. Make a chart with the class on "What could happen if..."

YOU WEAR A SEATBELT

- You could live
- Your family or friends can be safe
- You could keep yourself safe

YOU DO NOT WEAR A SEATBELT

- You could injure yourself seriously
 - You could die in an accident
 - You could lose your loved ones
 - You could be thrown through the windscreen
 - Your parents could get a fine
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3. Have the class go to an area where there is much traffic. They will survey the number of cars that travel past within half an hour and indicate how many people are wearing seat belts and how many are not (see copy sheet provided).

Record the results on a tally sheet then produce a bar graph, and discuss.

4. Recap the main points of the lesson.
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Survey Table

Name:

Date:

Supplementary Activities

Technology

Give children a selection of straws, tape, ice-cream sticks, paper, balloons, string etc in groups. They can make a safety device for a fresh egg, bind it together and drop from a height to see which group's egg did or did not crack. They are to decide which was the best 'buckle-up' device and why.

Design a seat belt for a dog (Bobby) or for yourself to make sure you are safe and entertained on long journeys.

Topic/Written Language

Children can explain who requires them to use a seat belt and possible consequences of not wearing a seat belt.

For example: The police, parents, teachers and other commuters in the community. The police may give out fines if someone is not wearing a seat belt. Parents may get fined. Teachers may get fined if taking children on school trips. Injury, etc.

Have your local police officer come in to give an account as to why all people should wear a safety belt regardless of age.

Develop ways to tell people why they should wear a seatbelt, i.e., "Nah, I don't wear a seat belt, they're not cool" = "but they could save your life!"

Find out the history of the seat belt and why there's a law to ensure we wear one.

Visual Language.

Design a poster on do's when traveling in any vehicle

Example: Always wear a seat belt in a car, van, truck, ute, tractor or rollercoaster where there are seat belts provided.

Topic

Research the many different vehicles in use today and find out if they require people to use seat belts. Some old cars and trucks may be exempt due to the date of manufacture and current laws.

Discuss why some vehicles do not require you to wear seat belts, such as buses. Debate why we have to wear seat belts in an airplane.
