



# PROGRAMME 1: BEACH/BOAT SAFETY

## AIMS

The aim of this topic is for children to learn how to be safe at the beach and around boats.

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## LEARNING OBJECTIVES

Children will know:

- How to slip, slop, slap using sunscreen, hat, shirt, etc.
  - To swim close to others in the sea
  - Their limits when in water
  - Why people should swim between flags
  - How to alert life guards if they are in trouble
  - Why to wear safety equipment properly in and out of the water
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## SKILLS

- Communication
  - Sociability and co-operation
  - Problem solving
  - Work and study
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## VIRTUES

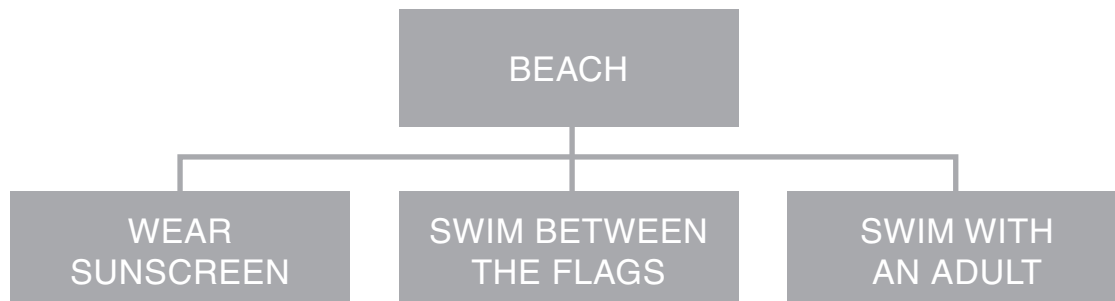
- Courage
  - Consideration
  - Preparedness
  - Purposefulness
  - Reliability
  - Responsibility
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## LESSONS (Adapt for Juniors)

View the DVD *Beach/Boat Safety* before the lesson. This programme relates to Water Safety.

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1. Write “**Beach**” in the middle of a page and have children brainstorm the main points they learned from the DVD on the Beach. Do the same with Boats.



2. Have children in small groups make a large poster on one chosen safety measure people should follow when on the beach or on the boat. Have children illustrate in colour and be creative. For example:



3. Complete the lesson with a warm down activity. Black Box Beach Game: have children arranged in pairs around an imaginary black box. Each pair stands either side and has to pretend to take out an item, thing or object that reminds them of the beach. He/she pulls them out of the box and calls out the item's name, the other does the same straight after until they run out of things to say. They can not repeat any items. The winners are the last pair still standing and saying items from the beach.
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4. Have children complete the scrambled tiles following.
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# Boat Safety

Name: .....

Date: .....

Cut out each tile and paste it into the empty squares to reveal the scrambled message.

E A .	A C K E	H E S	A T O	A L W A	G N E
I N	A B O	E A R	Y S W	F E J	I T S .
S H I N	R F I	A R T	T T H	A T F	A L I
W H E N					


A L	O N A	W E A R	T .	H E N	I F E
J A C K	E T W	B O A			


## Supplementary Activities

### Topic

Walk around the school or local pool and examine the potential dangers that children may face.

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### Visual Language

Make posters on Beach/Pool safety and the main points children should consider, e.g., **NEVER RUN AROUND POOLS** (with visuals to complement).

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### Health

Consider the benefits of using sunscreen and safety equipment when at the beach or in a pool e.g., floatation devices etc.

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### Oral Language

Discuss, describe and recount the main points from the programme, individually or in small groups.

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### Technology

Design a pool or beach area from a birds eye view that provides a shade area, picnic area, canteen area, changing rooms, life guard area and pool with deep and shallow ends. Label each part and write a brief description of each area. Explain which features are deemed to be child safe.

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