



# PROGRAMME 24: TRAMPING

## AIMS

The aim of this topic is for children to understand the basic requirements when they are tramping out in the bush.

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## LEARNING OBJECTIVES

Children will be able to:

- Identify the basic equipment necessary for tramping
  - Tell someone they know before tramping/camping
  - Know the proper clothing for tramping/camping
  - Know the procedures if they get lost
  - Identify the benefits of tramping/camping with someone experienced.
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## SKILLS

- Communication
  - Sociability and co-operation
  - Problem solving
  - Work and study
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## VIRTUES

- Courage
  - Consideration
  - Assertiveness
  - Preparedness
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## Lesson (adapt for Juniors)

Show DVD Tramping/Camping after number 3 is complete.

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1. Have a selection of pictures or words associated with the outdoors, such as tent, grass, clothes, food, hut, and write on paper and hand out to each child. They should find the other students who have the same picture or word. That will be their working group.
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2. Discuss with children what the difference between camping and tramping is.
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3. Rules for Camping. Have the children in groups write on a large sheet of paper what they may need when tramping/camping, e.g.

### ITEMS NEEDED WHEN TRAMPING

- warm clothes
- food
- always bring spare clothes
- wear sturdy shoes (not jandals)
- wear a hat and sunblock
- take a jacket in case you need it

Compare the items they have written with the programme. Discuss the differences between the children's input and the programme.

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4. In their groups, have the children write the basic rules for camping. Write on a large sheet for display.
    - never go camping or tramping alone
    - always go camping or tramping with an experienced adult who knows the trail
    - stick closely to your group so you don't get lost
    - if you do get lost, stay where you are and blow a whistle
    - always tell someone where you are going and for how long
    - leave the bush as you find it, don't litter it
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5. Photocopy the copy sheet to A3 for each group. Colour in the essential items and cut and paste onto the backpack.
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# Tramping Pack

Name: .....

Date: .....

Cut and paste the essential items for a Tramping Pack.



## Supplementary Activities

### Visual Language

Complete a poster on the basic rules for tramping in the bush, e.g., KEEP THE BUSH AS YOU FIND IT

Create an informative poster with a picture of a problem that could occur and another picture with words or a picture of a preventative method (Before and after photo).

Draw a "Lost" poster and show what to do if you get lost.

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### Art

Make a hanging mobile with some of the items children may need when tramping or camping. Label each item underneath.

Make a diorama of people tramping in the bush.

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### Written Language

Write an explanation about the various people that children can go tramping with and explain why each is suitable.

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### Topic

Have the children investigate the local history of the area they are wishing to go tramping or camping in. Research the bird and wild life of the area and find out the names of those that interest.

Have a variety of tramping/camping items arranged on the mat. Have children put items into a large pack for camping and then into a smaller pack for a day tramp.

Have a visit from a camping or tramping guide for more information.

Research some historic famous explorers from New Zealand and around the world. Find out what they had in their supplies at the time.

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### Reading/Topic

Have children read the local newspaper's weather report to become better acquainted with what the weather is doing and to decide which would be the best weather to go tramping/camping.

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